



## Is Concierge Medicine Right for You?

In a world where healthcare often feels rushed, impersonal, and complicated, concierge medicine offers a refreshing alternative that emphasizes time, personal attention, and a trusted relationship with your doctor. But is it right for you? Let's explore who benefits, how the trend is growing, and the perks of membership.

### Who Is Concierge Medicine For?

Concierge medicine is a good choice for people who value comfort, connection, personalized care and a strong doctor-patient relationship. It's for people who want a physician who knows them well, understands their medical history, and is readily available.

#### For example:

Patients with ongoing health needs. Those with chronic conditions or complex health concerns often require consistency. Seeing the physician familiar with their health history every time leads to better continuity of care and peace of mind.

People who value convenience. If long waits, crowded waiting rooms, and difficult appointment scheduling leave you frustrated, concierge care offers an antidote. Members enjoy convenient scheduling, on-time appointments, and easy ways to connect to their doctor, even after hours.

Adult children supporting aging parents. Seniors often struggle with complicated phone trees, medical portals and apps. Their adult children may already be stretched thin juggling careers and the demands of their own families. Concierge care offers peace of mind by ensuring a trusted professional who knows mom and dad is helping them stay on top of health concerns, and they are easily reachable when needed.

### Is Concierge Medicine Popular?

Yes. The demand for concierge medicine has been steadily rising. As traditional healthcare becomes more stressful and impersonal, patients increasingly want a simpler, more supportive relationship with their doctor. Physicians, hospitals, and even large healthcare organizations are taking notice and adopting this model to meet those expectations.

### What Are the Benefits?

#### Concierge medicine benefits include:

Peace of mind. Knowing you can reach your doctor even after hours or schedule an appointment promptly offers a deep sense of comfort and security.

Human connection. Concierge medicine prioritizes efficient communication and service. When members call, a staff member answers—no automated messages urging online support or listing a long menu of options.

More time with your doctor. Appointments are typically longer, allowing for unhurried conversations that can lead to more comprehensive care. When patients feel relaxed with their doctor, they often reveal secondary concerns can lead to critical diagnoses or helpful treatment adjustments.

Focus on long-term wellness. With more time and attention, concierge physicians can help patients with lifestyle goals such as weight loss, improved sleep, stress management, and fitness.

#### The Annual Membership Fee

While the value of the program is high, the membership fee can be of concern for some patients. There are convenient payment plans in place that can help make membership more affordable. Significant cost savings may also be available through FSA or HSAs.

#### The Bottom Line

Concierge medicine isn't just a healthcare trend—it's grown as a response to what patients are asking for: time, attention, trust, and true partnership in health. If you value a close relationship with your doctor, easier ways to connect with your doctor in and out of the office, and a focus on wellness rather than just illness, concierge care may be the right fit.